

DELI SANDWICHES

All Sandwiches offered with your choice of Potato Salad, Coleslaw, Macaroni Salad or a Bag of Potato Chips and a Pickle Spear

All Sandwiches offered on your choice of Bagel, Rye, Wheat, White Bread, Kaiser Roll or Whole Wheat Wrap

White Fish Salad	\$5.95
Tuna Salad	\$5.95
Chicken Salad	\$5.95
Turkey Breast	\$5.95
Roast Beef	\$5.95
Deli Ham	\$5.50
Bacon, Lettuce & Tomato	\$5.50
Egg Salad	\$5.00
Sloppy Joe	\$7.25
<i>Turkey Breast, Roast Beef, Swiss Cheese, Coleslaw & Russian dressing</i>	
Chicken Salad Club	\$7.25
<i>Chicken salad, crispy bacon, lettuce & tomato</i>	
Turkey Club	\$7.25
<i>Turkey Breast, bacon, lettuce & tomato</i>	
New Yorker	\$7.95
<i>Nova lox & cream cheese with lettuce, tomato & onion</i>	

Add Cheese: \$.50

Yellow American, Provolone or Swiss



HOT SANDWICHES

Philly Cheesesteak	\$6.50
<i>With your choice of onions and/or peppers</i>	
Buffalo Chicken Cheesesteak	\$6.50
<i>With your choice of onions and/or peppers served with Blue Cheese</i>	
Grilled Cheese	\$4.50
<i>On your choice of bread</i>	
Add Bacon	\$1.75
Tuna Melt	\$6.50
<i>On your choice of toast, topped with tomato and cheese</i>	
Monte Cristo	\$6.95
<i>Shaved Ham and Cheese on a French Toast Bagel with Honey Dijon mustard</i>	

COFFEE BAR

Our Own Special Roasted Columbian Blend
12 oz. \$1.49 16 oz. \$1.62 20 oz. \$1.80

JUG OF JOE

96 oz. with quart of 1/2 & 1/2, sugar, cups & stirrers
\$16.95

COLD DRINKS

Snapple	\$1.49
Soda Bottle	\$1.49
Coke Can	\$1.05
25 oz. H2O	\$1.49
Gatorade	\$1.49
Milk (All Flavors)	\$1.89
Tropicana Juices	\$1.89
1/2 Gallon OJ	\$4.35

CATERING

**Inquire About Our
Various Catering Packages**

OUR PARFAIT BREAKFAST INCLUDES

**Low Fat Vanilla Yogurt,
Fresh Cut Fruit,
Five Choices of Toppings,
Bagels, Muffins, Butter, Cream
Cheese, 1/2 Gallon of OJ and
a Jug of Joe
Includes Paper Products
Minimum of 10 people.**

\$10.99 per person



Jersey Shore's Hometown Bagels

732-255-8131

Fax: 732-255-7800

SO MUCH MORE THAN BAGELS

Premium fresh roasted & store ground coffee.
Full service deli & grill specializing in catering.

Fresh In-Storemade:
salads, flavored cream
cheeses, sandwiches &
wraps with Boar's Head
provisions.



Boar's Head

OPEN 365 DAYS A YEAR!
6:00am - 2:00pm

Catering Available for All Occasions

Gift Certificates Available

1831 Hooper Ave. • Toms River, NJ 08753
Rand's Plaza

Welcome to



Jersey Shore's Homemade Bagels

BAGELS

PLAIN	PLAIN EVERYTHING
EGG	EGG EVERYTHING
WHOLE WHEAT	WHOLE WHEAT
PUMPERNICKEL	EVERYTHING
GARLIC	RUSSIAN PUMPERNICKEL
ONION	OAT BRAN
SALT	MARBLE RYE
SESAME	CINNAMON RAISIN
POPPY	BLUEBERRY
BIALY	CHOCOLATE CHIP
TWIST	
Single Bagel	\$1.20 each
Bakers Dozen	\$13.50
French Toast	\$1.70 each

MINI BAGELS

Single Bagel	\$.70 each
Bakers Dozen	\$8.35

STORAGE

STORING • Bagels stay freshest when stored in tightly sealed plastic bags. Allow to cool before transferring to plastic bag. Never store bagels in paper bags.

REVIVING • Several day old bagels tend to harden. They may be freshened up by toasting, or moisten with water and bake for 10 minutes in a 350 degree oven.

FREEZING • Bagels should be cool for freezing. Slice, place in freezer bag, sealed tightly. Sliced bagels may be popped in toaster when frozen.

REFRIGERATION • Don't do it!

Keep bagels at room temperature or freeze them. Bread products (including bagels) go stale up to 6 times faster in the refrigerator. Fortunately, stale bagels can be brought back to life fairly easily - see "reviving".

TOP YOUR BAGEL

Bagel w/Butter	\$1.95
Bagel w/Cream Cheese	\$2.35
Bagel w/Special Cream Cheese	\$3.55
Bagel w/Peanut Butter	\$2.35
Bagel w/Peanut Butter & Jelly	\$2.65
Bagel w/Nova Lox Spread	\$4.65

French Toast Bagel w/Butter	\$2.50
French Toast Bagel w/Cream Cheese	\$2.90

Mini Bagel w/Butter	\$1.00
Mini Bagel w/Cream Cheese	\$1.30
Mini Bagel w/Special Cream Cheese	\$1.85
Mini Bagel w/Nova Lox Spread	\$2.15

SPECIAL CREAM CHEESE

VEGETABLE, WALNUT RAISIN,
SCALLION, OLIVE PIMENTO,
SUNDRIED TOMATO,
STRAWBERRY,
HONEY-WALNUT CRANBERRY

CREAM CHEESE

By quarter or half pound	
1/4 lb.	1/2 lb.
Plain Cream Cheese	\$1.60 \$3.20
Special Cream Cheese	\$2.40 \$3.20
Nova Lox Spread	\$3.50 \$6.90
Butter	\$1.60 \$2.90
Sliced Nova Lox	\$13.99

PARFAITS

Low fat vanilla yogurt and fresh fruit topped with your choice of walnuts, slivered almonds, granola, raisins, craisins, coconut, chocolate chips or drizzled honey. (Combinations are delicious and encouraged!)

\$4.99

BREAKFAST from the GRILL

Served on a Bagel of your choice
(French Toast Bagel add \$.50)

Egg Only	\$3.15
Egg & Cheese	\$3.60
Egg & Meat	\$4.55
Egg, Meat & Cheese	\$4.90
Meat Only	\$4.00
Meat & Cheese	\$4.20
Steak, Egg & Cheese	\$6.60
Egg Whites Only	\$4.70
Egg Whites & Cheese	\$4.90
Egg Whites & Meat	\$5.25
Egg Whites, Meat & Cheese	\$5.55

Choice of Meats:

Bacon, Pork Roll, Sausage Patty, Deli Ham or Turkey Bacon

Choice of Cheese:

Yellow American, Provolone or Swiss

Extra Egg \$.75
Extra Egg White \$1.25
Extra Meat \$1.50

BREAKFAST PLATTERS

Omelette	\$6.00
3 eggs with homefries and choice of bagel or bread	
Egg Platter	\$5.50
2 eggs your way with homefries and choice of bagel or bread	
French Toast	\$5.50
3 slices dipped in cinnamon egg batter	
Pancakes	\$5.50
Three 6" cakes	
French Toast Breakfast	\$8.50
2 slices, 2 eggs made your way, choice of meat & homefries	
Pancake Breakfast	\$5.50
2 cakes, 2 eggs made your way, choice of meat & homefries	
Side Order of Homefries	\$2.50

Add Choice of Meats \$2.00

Bacon, Pork Roll, Sausage Patty, Deli Ham or Turkey Bacon

Add Choice of Cheese \$.50

Yellow American, Provolone or Swiss

Add Choice of Veggies \$.50

Broccoli, Spinach, Mushrooms, Onions, Sweet Peppers,
Tomato or Create Your Own